

**1st Reading**Job 7:1-4. 6-7 *Life is a drudgery.* 

#### **Responsorial Psalm**

Psalm 146:1-6. R. v.3 (R.) Praise the Lord who heals the broken-hearted.

**2nd Reading** 

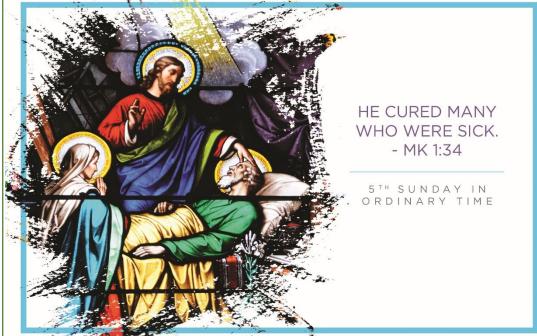
1 Corinthians 9:16-19. 22-23 Paul is compelled to preach the Gospel.

#### **Gospel Acclamation**

Matthew 8:17 Alleluia, alleluia! He bore our sickness and endured our suffering. Alleluia!

Gospel

Mark 1:29-39 Jesus heals Simon's mother-in-law.



#### **VOICE FROM THE PHEWS**

#### **LITURGY TIMES**

#### Saturday

Reconciliation, 5-5:45pm Vigil Mass, 6pm

#### Sunday

Mass, 8am, 9.30am and 6pm Youth Mass, 2<sup>nd</sup> & 4<sup>th</sup> Sun, 6pm

# Monday and Wednesday Mass, 7am

(except on Public Holidays which changes to 9.05am)

Tuesday, Thursday and Friday Mass, 9.05am Anointing Mass, 1st Fri, 9.05am

1<sup>st</sup> Friday Night Devotion Exposition of the Blessed Sacrament, 7.30pm

**Divine Mercy Devotion** 2<sup>nd</sup> Friday of the Month 7.30pm

#### Children's Liturgy

Sat 6pm and Sun 9.30am 2<sup>nd</sup> & 4<sup>th</sup> Sun of the month (during school term)

Baptisms, Weddings, Funerals,
Anointing of the Sick
by appointment

After leaving the synagogue, Jesus enters Peter's house and cures his mother-in-law. The town begins to gather at the door bringing their sick and possessed. Jesus cured many of them. He leaves with his disciples and travels to the nearby villages to preach and cast out demons

I believe that most of us have some sort of demon inside us. Something we would really like to change about ourselves, but just can't. I'm not talking about superficial things like the size of our nose or hips. It's an inside thing—some bad habit or personal sin that usually ends up hurting the people closest to us or even ourselves.

It could be something like losing your temper, not thinking before you speak or not speaking when you should. It might even be some sort of addiction. With me it was letting my anger loose in unhealthy ways, usually by yelling at the people I loved most.

When my children were little, my husband traveled. I was lucky enough to be a stay-at-home mom, but I got to stay home

with five kids under ten. I loved my children; there is no question that I would have died for them. But whenever I thought of Paul's message in 1 Corinthians 13, "love is patient; love is kind... it is slow to anger..." I cringed. That was not me. I woke every morning and said to myself, "I will get through this day without yelling. I will try harder, work harder; I can change."

The truth was I couldn't change, not by myself that is. It wasn't until I could say, "I cannot do this God, please help me," that I could begin to tame my demon. My morning prayer became, "Lord, fill me with your love and strength so that I can get through breakfast without yelling." And then, "Get me to lunchtime, Lord."

I finally discovered that the love Paul was talking about in 1 Corinthians was something stronger than even a mother's love; it was God's love. The great thing is that with God's help (and sometimes some professional help) we can all conquer our own worst demons. We just have to ask.

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The Holy Spirit Parish pays respect to the Darug People, the traditional custodians of the land on which we gather to celebrate our faith and worship God. We acknowledge with respect the elders past and present.



We are a welcoming parish. Whatever your present status in the Catholic Church, whatever your current family or marital situation, whatever your past or present religious affiliation, whatever your personal history, age, background, race or color, sexual orientation, whatever your self-esteem... you are invited, welcomed, accepted, loved and respected by the Catholic Community of Holy Spirit.

If you are not an active member of this Community, consider sharing in what we have to offer. We serve the Community through outreach, education, social activities, sacramental preparation, youth and comfort to the sick and mourning. In addition to our spiritual and outreach organisations, perhaps you have an interest in joining one of our many liturgical ministries as: Minister of Holy Communion, Lector, Welcomer, Choir, etc.

Persons are formally registered by filling out a form that is then entered into the parish data system (information supplied remains confidential). These forms are available from the parish office or in the church foyer.

To know more about the life of the parish, you can grab a copy of our Welcome Newsletter available in the foyer or go to this link on our website:

https://holyspiritstclair.com.au/w p-content/uploads/2021/03/Holy-Spirit-Parish-Welcome-Newsletter.pdf

#### MISSION STATEMENT

The Mission of the People of God at Holy Spirit Parish is to witness to and to proclaim the word of God, and to pray and celebrate the Liturgy in word and sacraments so that we may be of service to others and form a community of "one mind and one heart on the way to God." (St Augustine)

#### PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to members who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office at 9670 8222 or admin@holyspiritstclair.com.au.



#### PRAYERS FOR THOSE IN OUR COMMUNITY

There is strength and peace that comes from when we pray for one another. If you have a prayer request or want to offer a Mass for a special intention, go to: <a href="https://holyspiritstclair.com.au/mass-prayer-requests/">https://holyspiritstclair.com.au/mass-prayer-requests/</a>
We ask you to please submit your prayer intentions a few days before preferred Mass.

#### SICK:

Linda Allen, Andrew Boulos, Emilia Rose Moya, Cheryl Veld, Corinne Cerdor, Estrella Ete, Fe Uy, Bernadette Stevens, Dot & Joe Gray, Giulia & Joseph Caruana, Joel Dizon, Angela Cook, Bella Tassone, Ramon Rivera, Brian Barnes, Steven Johns, Alice Grech, Bill Lynch, Arcadio Villote, Joseph Valladores, Rosie Casha, Anne Fidler, Zaphyr Morales, John Warne, Salvador Espadilla, Leitu Saena.

#### **RECENTLY DECEASED:**

Fr Kevin Bates SM, Ashley Denetto, Jaime Obsequio, Rene Gabor, Neru Maulaivao, Bridget Archchige, Mohan Ramakrishnan, Flory Pinto, Olivia Asu, Doreen Abela, Elsa Decruz, Kyrus Macalalad.

#### **DEATH ANNIVERSARIES:**

Cajetan Gonsalves, Doris Borg, Sor Sagrario del Marta, Marciana & Benigno Abad, John Edward Machado, Malcolm Howse, Dolores Bunch, Fidel Villanueva, Eugenio Scamu, Lucina Cañete, Tomasa Dabu, Sheila Tham, Iris Warne, Oscar Geronimo, Vincent Saldanha, Daisy Assey, Alwyn Assey.

Names submitted to Parish for the sick list will show for 4 weeks at a time.

#### PARISH COLLECTIONS & REGULAR CONTRIBUTION

If you are a new parishioner to Holy Spirit or an existing one and you would like to participate in the Regular Parish Contribution, forms are available for completion in the foyer of the church or go to the link provided below. Please complete your details and email it to accounts@holyspiritstclair.com.au or hand it to any of our priests. 30% of the collection is for the care of our Augustinian clergy and the 70% is for the administration and maintenance costs of the parish.

Regular Parish Contribution Form and other ways to donate: www.holyspiritstclair.com.au/donations

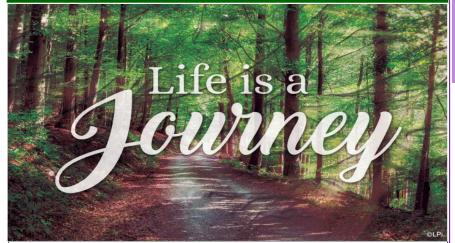


We're grateful to those who continue to financially support our parish.

GOD BLESS YOU.



#### LIVE THE LITURGY Inspiration of the Week



Have you ever wondered what life would be like if you could see the future and know how things turn out? While it's intriguing to ponder what life would be like if we possessed this knowledge, actually knowing could easily rob us of the thrill, adventure, and soul-searching graces of our journey. Like Job, life does not always leave us on a happy note. Life experience can bring us face-to-face with our mortality and leave us with a profound sense of helplessness. We do not see the wholeness and fulfillment that will one day come and cannot grasp the certainty that a resolution to our plight will come our way. We need to learn how to reach for Jesus' hand and let him help us to our feet. Living a life of faith means realizing that we are not here to figure out life on our own. In order to drink deeply of what life presents us, we have to wrestle in the depths of our souls, agonize and search, possibly reach the lowest point of desperation, and cry out for the Divine healing we need to restore our faith, hope, and love. It is no wonder that those who are touched by God's healing power want to then serve others and show them the deeper waters that can be explored. Knowing too much can rob us of joyful surprises.

### **QUESTIONS OF THE WEEK:**

First Reading: We hear how Job struggled to find meaning and hope in his life. How does your faith help you get through difficult times in your life? **Second Reading:** Paul speaks of his singular desire to preach the "gospel" (the Good News of Jesus Christ). When do you share the gospel message with others?

Gospel Reading: We learn that from the beginning of his public ministry Jesus was very purpose-driven: healing the sick and preaching the good news. How intentional is the practice of faith in your daily life?

# **BAPTISM** Preparation Meeting

Parents wishing to have their child baptized are asked to contact the Parish Office prior to attending a preparation evening. Next Baptism Preparation session is on **Tue 13th Feb** 7.00pm. Presenter will Seaview Kama.



(Son of Jason and Danni)

# WEEKLY JUSTICE CHALLENGES

The Gospel reading for Sunday describes Jesus healing people all day, and then getting up the next morning to be deeply absorbed in prayer. Jesus cared for the poor and the sick and those marginalized by society. But he never forgot the source of the healing which he did—his heavenly Father, whom he called "Abba," or "Daddy." He kept in close contact with the Father throughout his life. Your challenge this week is to reflect on the relationship between prayer and action in your own lives—as individuals and as a family or household. Do you have a healthy and holy pattern of prayer which is part of your daily routine? Do you let that prayer lead you to the actions which God wants you to take to help heal a hurting world? Remember that part of a vibrant prayer life is letting God speak once you are done talking. Listen to what God wants you to do just as Jesus did when he lived on earth.

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#### THE SUNDAY FLOCK



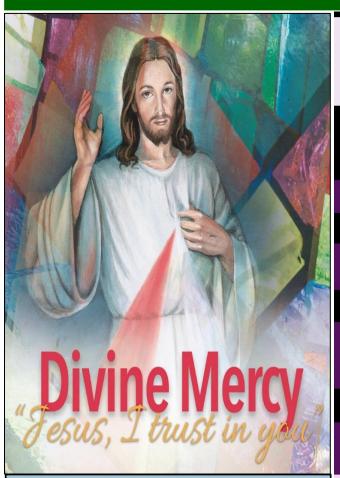




"The whole town was gathered at the door. He cured many ... and drove out many demons." Sheepish Question:

Where is God in my concerns? Where am I in his?

#### **PARISH NEWS AND EVENTS**



OUR LADY OF THE ROSARY PARISH LENTEN MORNING RETREAT MT.SCHOENSTATT MULGOA

# SATURDAY 24 FEBRUARY 2024

9.00AM - MASS

9.30AM - EXPOSITION

9.40AM - FR. JEFF MILLER The Gift of the Body & Blood of Jesus

10.20AM - COFFEE BREAK

10.40AM - FR. BEN MACKENZIE The Love of God in the Eucharist and in the Passion of Jesus

11.25AM - Q & A

11.45AM - CLOSING PRAYERS & BENEDICTION



9<sup>th</sup> February 2024 - 7.30pm at Holy Spirit Parish St Clair

Note: Please register attendance at parish office or by sending email to secretaryolrchurch@iinet.net.au or denis.collins1937@gmail.com or 0459185517

COST: A donation of \$5.00 would be greatly appreciated to cover costs ADDRESS: Mt. Schoenstatt Spirituality Centre 30 Fairlight Road Mulgoa



"2024 Lenten Program for groups or individual reflection in now available at the Piety Store for \$8."

#### **PARISH NEWS AND EVENTS**

# BAPTISM PREPARATION YOLUNTEERS NEEDED

Every Second Tuesday of the month from 7pm-8pm, parish volunteers prepare families whose children are to be baptised in our parish. We need more volunteers to facilitate these sessions and training will be provided. Volunteers will only get an average of 3 sessions a year to facilitate. This is a great way to know and welcome young families in our parish. If interested to know more, please contact Germaine Gil on Mob: 0451279934 or email her to <a href="mailto:sacraments@holyspiritstclair.com.au">sacraments@holyspiritstclair.com.au</a>

### FILIPINO CATHOLIC ASSOCIATION (FCA)

Invites you to Filipino Mass Sunday, 4 February 2024 at 11.30am

(Every 1st Sunday of the month, except in January)
If you need more information, pls feel free to call

Olga Esquerra (Mob: 0412086148) or Sarah Damole (Mob: 0405 756 752)



You may bring a plate to share.

# Safeguarding Face-to-face Training Opportunities

Opportunities for face-to-face Mandatory Safeguarding Training will be held at the Bishop Bede Heather Centre Blacktown this coming February.

- Monday 5 February (9.30am 2.30pm)
   Modules 1-3: For those new to Parish Ministry or for those who have not yet completed the initial Cycle 1 training, or
- Monday 12 February (10am 1.30pm) Modules 4-5: Renewal Safeguarding Training is for those in Parish Ministry who commenced Cycle 1 Training two years ago.

Please register for this training by emailing Maria Kervin at:

safeguardingtraining@parracatholic.org





Wednesday 14 FEBRUARY 2024
MASS TIMES @ HOLY SPIRIT PARISH:
7am, 9.05am and 7pm

#### **FUNERALS THIS WEEK:**

Dear parishioner:

We are reserving this space to announce funerals in our parish. Please don't hesitate in advise us details.

From: Parish Secretary

#### **AUGUSTINIAN SPIRITUALITY**



"Pray as though everything depended on God. Work as though everything depended on you."

Augustine of Hippo

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#### Try to find these words:

alone diseases door fever Galilee gather good house meal pray sick Simon

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#### **CREATION CARE TIPS**

"In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed." -Mark 1:35. Many people find it easier to pray when surrounded by nature. Can you go to a quiet place in nature to pray this week?

Do you live in the desert? Is there a forest nearby where you can take a walk?

Or is there a body of water you can sit by?

What about praying while working on your farm or in your garden? Even if you live in a busy city, see if you can find a sliver of nature to pray in this week.



#### WHY DO WE DO THAT? Catholic Life Explained:

#### **Question:**

Is it ever Ok to leave Mass before it ends?

#### Answer:

This is an interesting question because beneath the surface there seems to be an assumption that if it's okay, then why do we have to stay after we receive communion? The short answer is "no," but we definitely want to go a bit deeper as we consider why.

We will be a better Church if we have a clearer understanding and knowledge of Who and what we celebrate.

First, when we think about questions like this, we must consider this in adult terms. If there is something gravely important that we need to do, then we must attend to that. However, if it is a matter of convenience or preference, then we really have to stop and think again. First, while we always want to recognize the importance sacramental communion in the Mass, we also need to understand how important the time of thanksgiving and prayer after communion is. This is summarized in the Prayer After Communion offered by the celebrant and then we are also commissioned to "Go forth" during the Dismissal of the Mass, reminding us that we have been entrusted with a gift — the Word of God and the Presence of Christ in the sacrament — and that we are to share that gift with others.

If we simply leave after we receive communion, we risk two things. First, there is the possibility that we will turn our reception of communion into purely personal, individual experience that is separated from our common experience of worship and communion in the fullest sense and, second, we lose an opportunity for gratitude and serious reflection if we simply leave after communion. This time of thanksgiving, reflection, and, ultimately, missioning, are important and, in the end, an essential part of the celebration of the Mass.

**©LPi** 

#### NEXT WEEKEND (11th February) 6th SUNDAY IN ORDINARY TIME, Yr B

#### 1st Reading

Leviticus 13:1-2, 44-46 Lepers shall be kept apart.

#### **Responsorial Psalm**

Psalm 31:1-2.5. 11. R.v.7 (R.) I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.

#### 2nd Reading

1 Corinthians 10:31 - 11:1 The Lord will strengthen us to the end.

#### **Gospel Acclamation**

Luke 7:16
Alleluia, alleluia!
A great prophet has appeared
among us;
God has visited his people.
Alleluia!

#### Gospel

Mark 1:40-45 *Jesus cures a leper.* 

CLEANERS: BANNERS:

Group 2 Green

#### 10 FEB, 6PM

Minister at the Altar Peter Moriarty

#### **Eucharistic Ministers**

Dita Sy Moira Rebello Janice Salmon

#### Reader 1

Dudley Littlewood

Reader 2

Corinne Cerdor

**Commentator** Florence Pusey

Music

Victor Brangwin

**Powerpoint**Nanette I.

Junior Servers

Volunteer Needed

Welcomers
Terry Serrao
Olga Esguerra
Volunteer Needed

#### 11 FEB, 8AM

Minister at the Altar Hieu Le

#### **Eucharistic Ministers**

Belen Leynes Dawn Timmins Margaret Portell

#### Reader 1

Sally Banguis

#### Sally Banguis

**Reader 2**Dawn Timmins

#### Commentator

Manuel Fidow

#### Music

Pierre D'Cunha

# **Powerpoint** Christine Younes

Junior Servers

#### Volunteer Needed

Welcomers
Sarah Damole
Jun Damole

Espy Sarno

#### 11 DEC, 9.30AM

Minister at the Altar Anthony Bertumen

#### **Eucharistic Ministers**

Ken Allen Cathy Allen Jenny Kyd

### Reader 1

Uinise Blake

## Reader 2

Biana Dowsett

#### Commentator Ray Zafra

Music

# Mary Immaculate Choir **Powerpoint**

Boy Sanosa

# Junior Servers Volunteer Needed

Welcomers Sue Oram

Jenny Kyd Volunteer Needed

#### 11FEB, 6PM

Minister at the Altar Edward De Leon

#### Eucharistic Ministers

Kate Blasco Esther Rose Angela Pecnik

Reader 1

Kate Blasco

Reader 2

### Candice Salmon

Commentator

### Marty Facciol

Music

# Alleluia Choir

Alleluia Choir **Powerpoint** 

# Thomas Deepu

Junior Servers

# Volunteer Needed

Welcomers
Esther Rose
Eleanor Stuart
Volunteer Needed

### **OBSERVANCES FOR THE WEEK OF 4 FEBRUARY**

Mon 5 Feb: Saint Agatha, Virgin And Martyr

**Tue 6 Feb:** Saint Paul Miki And Companions, Martyrs

Wed 7 Feb: Wednesday Of The Fifth Week In Ordinary Time Year 2
Thu 8 Feb: Saint Jerome Emiliani, Saint Josephine Bakhita, Virgin
Fri 9 Feb: Friday Of The Fifth Week In Ordinary Time Year 2

Sat 10 Feb: Saint Scholastica, Virgin

### Holy Spirit Parish St Clair • Erskine Park • Parts of Kemps Creek

Under the Pastoral Care of the Augustinians since 1995 Diocese of Parramatta www.parra.catholic.org.au

Facebook Holy Spirit Parish St Clair-Erskine Park • Holy Spirit Parish St Clair Family Ministry • BASICGIFT (Youth Ministry)

Parish Office 5 Todd Row (PO Box 103) St Clair NSW 2759

P 02 9670 8222 E admin@holyspiritstclair.com.au W www.holyspiritstclair.com.au

Office Hours 9.00am to 5pm (Monday to Friday) Emergency after hours only M 0403 390 269

Priory 3 Peter Pan Glen, St Clair

Parish Staff Parish Moderator: Fr Jepser Bermudez, OSA P 02 9670 8222 E pp@holyspiritstclair.com.au

Asst Pastor: Fr Dave Austin, OSA P 02 9670 8222 E daustin@holyspiritstclair.com.au
Asst Pastor: Fr Peter Tangey, OSA P 02 9670 8222 E ptangey@holyspiritstclair.com.au

Asst Pastor: Fr Joseph Aresseril Jacob "Saju" E saju@holyspiritstclair.com.au

Parish Secretary: Elisa Reynolds P 02 9670 8222 E admin@holyspiritstclair.com.au (Tue-Fri)

Parish Bookkeeper: Mila Llamas P 02 9670 8222 E accounts@holyspiritstclair.com.au (Mon and Wed)

SRE Coordinator (Catechists): Peter Moriarty P 02 9670 8222 E sre@holyspiritstclair.com.au Sacramental Coordinator: Germaine Gil M 0451 279 934 E sacraments@holyspiritstclair.com.au

Safeguarding Parish Support Officer: Elsa Roberto P 02 9670 8222 E safeguarding@holyspiritstclair.com.au

Parish Youth Contact: Eleanor Stuart M 0431 639 895 E eleanor.stuart97@gmail.com
Parish Council Chair: Ana Gregoriou • Asst Chair: Dominic Dimech • Secretary: Paola Dicenso

Members: Dominic Dimech, Jamie Dowsett, Gus Morgan, Michael Paulo, Vince Cachia, Carol Vella, Andrea Bouche,

Seaview Kama, Benjie Santiago, Eleanor Stuart (BASIC GIFT Youth Representative)

Fr Jepser Bermudez OSA, Fr Dave Austin OSA, Fr Peter Tangey OSA

Schools/College Holy Spirit Primary School (7 Todd Row St Clair P 02 8886 3200 W www.hsstclair.catholic.edu.au

Trinity Primary School (61 Bakers Ln, Kemps Creek) **P** 02 8856 6200 **W** trinitykempscreek.catholic.edu.au Emmaus Catholic College (87 Bakers Ln, Kemps Creek) **P** 02 9670 8300 **W** emmauskempscreek.catholic.edu.au

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186 Queen Street (Star Arcade), St Marys NSW 2760

# **Picaluna**

As a long-time member of the Parish, it would be my honour to guide you and your family through this challenging time, helping you create a beautiful and meaningful ceremony to honour and celebrate your beloved departed according to your spiritual and cultural values.

> Picaluna will donate 5% of its profit to a project of Holy Spirit Parish or to a charity of your choice.

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#### PLEASE CONSIDER ONLINE GIVING

Our parish is grateful for your continued support. Thank you!



Support the Parish by signing up to contribute online. Setting up a onetime or recurring donation/Planned Giving is quick and easy. Visit: www.holyspiritstclair.com.au/donations. Or thru bank transfer:

**Account Name: Holy Spirit Parish St Clair** 

Bank: CBA BSB: 067 950 Account Number: 000 005

The 70% of the collection is for the regular running c The remaining 30% is to provide for the household expenses of our priests and to support the ministry of the Augustinians.

If you encounter any issues signing up, please email Mila, accounts@holyspiritstclair.com.au. Thank you so much for your support of our parish!

