

**1st Reading** Deuteronomy 8:2-3. 14-16 Moses reminds the people of the hardships God saved them from.

**Responsorial Psalm** Psalm 147:12-15. 19-20 R. v.12 Praise the Lord, Jerusalem.

**2nd Reading** 1 Corinthians 10:16-17 We are a single body sharing from a single loaf.

#### **Gospel Acclamation**

John 6:51-52 Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

## Gospel

John 6:51-58 Whoever eats and drinks of the body and blood of Christ has eternal life.

## LITURGY TIMES

Saturday Reconciliation, 5-5:45pm Vigil Mass, 6pm

#### Sunday

Mass, 8am, 9.30am and 6pm Youth Mass, 2<sup>nd</sup> & 4<sup>th</sup> Sun, 6pm

Monday and Wednesday Mass, 7am (except on Public Holidays which changes to 9.05am)

**Tuesday, Thursday and Friday** Mass, 9.05am Anointing Mass, 1<sup>st</sup> Fri, 9.05am

1<sup>st</sup> Friday Night Devotion Exposition of the Blessed Sacrament, 7.30pm

> Children's Liturgy Sat 6pm and Sun 9.30am 2<sup>nd</sup> & 4<sup>th</sup> Sun of the month (during school term)

Baptisms, Weddings, Funerals, Anointing of the Sick by appointment

# THE MOST HOLY BODY AND BLOOD OF CHRIST

## **VOICE FROM THE PEWS**

#### THE LIVING BREAD

The Eucharist, the Mass, is a memorial of Christ's great sacrifice celebrated at a meal. How can we help our children understand the great blessings of the Mass unless they are familiar with what a celebratory meal is like?

I remember a joke I heard years ago. "How does a suburban mom from Centerville call her kids for dinner?" Answer: "Everybody in the car!" Its truth resonates in so many of our families. I heard a statistic a few years ago that the average family sits down together for only two meals per week with everyone present.

The statistic is not surprising when we consider what busy and complicated lives we live. Extended work hours, long commutes, and a barrage of activities for children make time a precious commodity. And yet spending time together is one of the factors used to judge a strong, healthy family. Another quality is commitment. One way of showing our commitment to family is by taking the time to have at least one special family meal a week. Make it a celebration. Remember, it is not the food that makes it special (pizza is fine); it is having everyone sitting around the table together.

Try to make a ritual out of such occasions. Light a candle in the center and hold hands for a blessing. Make sure the cell phones are silenced and the television and social media are turned off. Make it a rule that no one leaves the table until everyone is finished. Allow only positive, affirming conversation: no preaching, no scolding. A good conversation starter might be to ask everyone to share what was the best thing that happened to him or her that day (or week).

Time spent around the dinner table is special. Think about all the time Jesus spent in table fellowship with his disciples. He is no less present at our table. All of family mealtime is sacred, as much a blessing as the prayer it began with.

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The Holy Spirit Parish pays respect to the Darug People, the traditional custodians of the land on which we gather to celebrate our faith and worship God. We acknowledge with respect the elders past and present.



We are a welcoming parish. Whatever your present status in the Catholic Church, whatever your current family or marital situation, whatever your past or present religious affiliation, whatever your personal history, age, background, race or color, sexual orientation, whatever your self-esteem... you are invited, welcomed, accepted, loved and respected by the Catholic Community of Holy Spirit.

If you are not an active member of this Community, consider sharing in what we have to offer. We serve the Community through outreach, education, social activities, sacramental preparation, youth and comfort to the sick and mourning. In addition to our spiritual and outreach organisations, perhaps you have an interest in joining one of our many liturgical ministries as: Minister of Holy Communion, Lector, Welcomer, Choir, etc.

Persons are formally registered by filling out a form that is then entered into the parish data system (information supplied remains confidential). These forms are available from the parish office or in the church foyer.

To know more about the life of the parish, you can grab a copy of our Welcome Newsletter available in the foyer or go to this link on our website:

https://holyspiritstclair.com.au/w p-content/uploads/2021/03/Holy-Spirit-Parish-Welcome-Newsletter.pdf

## **MISSION STATEMENT**

The Mission of the People of God at Holy Spirit Parish is to witness to and to proclaim the word of God, and to pray and celebrate the Liturgy in word and sacraments so that we may be of service to others and form a community of "one mind and one heart on the way to God." (St Augustine)

## PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to members who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office at 9670 8222 or admin@holyspiritstclair.com.au.



## PRAYERS FOR THOSE IN OUR COMMUNITY

There is strength and peace that comes from when we pray for one another. If you have a prayer request or want to offer a Mass for a special intention, go to: <u>https://holyspiritstclair.com.au/mass-prayer-requests/</u> We ask you to please submit your prayer intentions a few days before preferred Mass.

## SICK:

Nelson Banguis, Andy Thomas P Aguirre, Emilio Baccay, Kim Hak-Doo, Joseph Valladores, Mario C Molina, Jam Viriato M. Utleg, Thomas Funnell, Yvonne Funnell, Linda Allen, Andrew Boulos, Emilia Rose Moya, Giulia & Joseph Caruana, Joel Dizon, Angela Cook, Bella Tassone, Ramon Rivera, Brian Barnes, Harry Young, Steven Johns, Alice Grech, Bill Lynch, Glen Root, Rosie Casha, Zephyr Morales, Anne Fidler, Hanna Rose Stewart, John Warne.

## **RECENTLY DECEASED:**

Guillermina Carag, Daniel Letufuga, Sulia Wolfgram, Mary Agius, Rodrigo Casal, Gordon Fernando, Peter Mathias, Long Bosco Tran.

## **DEATH ANNIVERSARIES:**

Doreen Dirk, Sela Wolfgram, Lourdes Sampan, Teresa Pinto, Tomo Marjanovic, Mirko Veselcic, Fe de Guia, Lily Margaret Slater, Katrina Marcelo, Jun Marcelo, Connor John Richard Thomas.

Names submitted to Parish for the sick list will show for 4 weeks at a time.

## PARISH COLLECTIONS & REGULAR CONTRIBUTION

If you are a new parishioner to Holy Spirit or an existing one and you would like to participate in the Regular Parish Contribution, forms are available for completion in the foyer of the church or go to the link provided below. Please complete your details and email it to accounts@holyspiritstclair.com.au or hand it to any of our priests. 30% of the collection is for the care of our Augustinian clergy and the 70% is for the administration and maintenance costs of the parish.

Regular Parish Contribution Form and other ways to donate: <u>www.holyspiritstclair.com.au/donations</u>

SUPPORT OUR PARISH BY GIVING ONLINE TODAY

We're grateful to those who continue to financially support our parish. GOD BLESS YOU.



## LIVE THE LITURGY Inspiration for the Week



As we gather today to reaffirm our faith in the Real Presence of Christ in the Eucharist, we are reminded that we are also the Body of Christ. The mission of the Gospel calls us to be Christ for others. There is so much brokenness and pain in our world. Many people are lost and feeling lonely, marginalized and oppressed, victimized and abused. Every time we receive the Body (and Blood) of Christ, we are asked to become what we eat. Are we willing to step aside from our preoccupations and concerns so that we can be Christ for others? The power and presence of Christ in the Eucharist becomes present in us. In receiving this transforming presence of Christ, we can truly effect change in the lives of those we meet. We can show them God's unconditional, ever-present love and the beauty that can come from loving others. We are given the grace to become temples of justice and peace, carrying God's sacred Presence within us wherever we go.

#### **QUESTIONS OF THE WEEK**

**First Reading:** Moses and the ancient Israelites ratified the covenant God established with them at Mount Sinai with the blood of a sacrificed animal. The sacrificed animal affirmed Israel's commitment: "We will do everything the Lord has told us." Why do you think Israel tied sacrificed blood to their verbal commitment?

**Second Reading:** The author of Hebrews teaches us that the sacrificed blood of Christ sanctifies us and offers us eternal redemption. How do you see this connected to ancient Israel's practice of sacrificing animals for their blood?

**Gospel:** Mark's account of the institution of the Eucharist is linked to the Jewish Feast of Unleavened Bread when a Passover lamb was sacrificed. What do you think Mark is teaching us in making this connection?



Parents wishing to have their child baptized are asked to contact the Parish Office prior to attending a preparation evening. Next Baptism Preparation session is on Tue 13<sup>th</sup> June 7.00pm, via Zoom. Presenter is Joyce McMahon.



**ELLIOT JOHN D'COSTA** (Son of Craig and Anne-Marie)

# WEEKLY JUSTICE CHALLENGES

The Feast of the Body and Blood of Christ is a powerful reminder of Jesus' life, death and resurrection. We celebrate the gift of the Eucharist, the sacrament in which each of us is nourished and sent forth. This day reminds us that we don't do things on our own power – but from strength gained from the Eucharist. Before Jesus died, he asked his disciples if they could drink from the cup. He was asking if they were willing to endure what might come if they chose to feed the hungry, give drink to the thirsty, heal the sick and blind and set captives free. They said YES. The Body and Blood of Jesus is a gift to us, yet it is a challenge too. Ask yourself this week, "How does the Eucharist nourish and strengthen me? How am I being sent like the disciples? To whom am I being sent?" Reflect on how you have responded to these questions in the past. What will your response be from now on?

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"The bread that we break, is it not a participation in the body of Christ?"

Sheepish Question: When and with whom can I share the bread of life this week?

## PARISH NEWS AND EVENTS

## TALKS ON FAITH AND MODERN SPRITUALITY 7:30 PM

7TH JUNE - SYNODALITY - WHAT IS IT? Diocesen MET Team

**5TH JULY - MARRIAGE AND FAMILY LIFE** Ted and Fe - Couples for Christ

2ND AUGUST - AUGUSTINIAN SPIRITUALITY Fr Dave Austin

6TH SEPT - STORY OF AN AUGUSTINIAN Fr Dave Austin

**1ST NOV - MODERN SAINTS + TESTIMONY** Fr Jepser Bermudez

## OPEN TO ALL - BRING A FRIEND! HOSTED BY MEN'S BUSINESS

### HOLY SPIRIT PARISH

## 2023 Sacramental Preparation

Bookings can be made online thru the Parish Website www.holyspiritstclair.com.au

## **FIRST COMMUNION (Year 4)**

- Bookings available from 1 June 2023
- Parent Information & Catechesis Tuesday 25 July 5pm or Wednesday 26 July 6pm
- Preparation Sessions will be August (3 weeks)
- First Communion Masses: 20 August 11.30am , 26 August 3pm, 27 August 11.30am

NOTE: Children with special needs are most welcome to join the preparation.

For all enquiries contact the Parish Office: W: www.holyspiritstclair.com.au • E: sacraments@holyspiritstclair.com.au P: 02 9670 8222 or 0451 279 934 • A: 5 Todd Row, St Clair 2759 NSW

## **IMPORTANT NOTICE:**

Our Parish needs Volunteer Cleaners for **Group 1** – for the **first Saturday of the month**.

Please contact Lorraine on 98341893





**REBUILD A LIFE** 

THIS WINTER

or you can donate online www.vinnies.org.au

Bishop Vincent has announced and convoked the first Diocesan Synod for Parramatta from 10 – 15 October 2023. With this Diocesan Synod, Bishop Vincent also invites all the faithful in the Diocese to contribute to the development of the new Diocesan Pastoral Plan by means of listening and consultation forums. We invite you, then, to attend in person the Western Deanery Listening and Consultation Night on Saturday, 24<sup>th</sup> June from 7:00pm – 9:30pm at Holy Spirit Primary School, St. Clair. Bishop Vincent will be present to listen to your voices. You need to register in advance via <a href="https://parracatholic.org/synod2023/#">https://parracatholic.org/synod2023/#</a> (Click on the "Western Deanery Consultation" and put your details to register). If you want to explore the individual submission follow the link:

https://parracatholic.org/synod2023 submissions/



PARISH NEWS AND EVENTS

# EMMAUS CATHOLIC COLLEGE Learning for life

To prepare your child for an ever-changing world, ask about enrolment today!

LIMITED PLACES STILL AVAILABLE FOR YEAR 7 - 12 IN 2023 AND 2024

# www.emmauskempscreek.catholic.edu.au

HOLY SPIRIT PARISH invites you to a night of fun with family and friends







NIGHT

**17 JUNE 2023** 

Sausage Sizzle & Soft Drinks on Sale Free tea, coffee & biscuits Donations welcome

Organised by the Cultural Commission

## **IMPORTANT NOTICE**

Between the 26<sup>th</sup> and 30<sup>th</sup> June our Priests/Deacon will be in an Augustinian Retreat.

Therefore, we are NOT having Masses during that week.

Office will be opened as always between 9am to 5pm.



AUGUSTINIAN FORMATION APPEAL Donate and support the next generation of AUGUSTINIANS

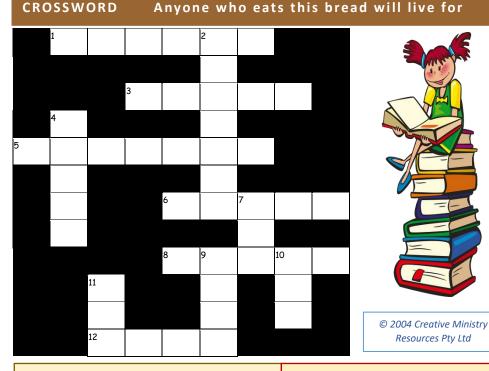
Support by the end of the financial year to make a taxdeductible donation

More information +61 2 9938 0200 accounts@osa.org.au www.osa.org.au

## AUGUSTINIAN SPIRITUALITY



"The problem is not in being sinners, the problem is when we don't let ourselves be transformed in love by the encounter with Christ." St Augustine of Hippo



## ACROSS:

- 1: God's kingdom
- 3: food made from wheat grain
- 5: fighting, disagreeing
- 6: wine is turned into the \_ \_ \_ \_
- 8: Jesus said "my \_ \_ \_ is the true
- food"
- 12: not false

## DOWN:

2: Jesus told the crowd, "You will have \_ \_ \_ life"
4: to consume liquid
7: it comes before two
9: to be alive is to \_ \_ \_
10: a parent's male child
11: to consume food

## CREATION CARE TIPS

*"He humbled you by letting you hunger, then by feeding you with manna, with which neither you nor your ancestors were acquainted." —Deuteronomy 8:3* 

We have access to more varieties of food than ever before in human history, but the processing, packaging, and transportation of many of them are unsustainable. This week, seek out a farmer's market to buy locally grown and in-season fruits, vegetables, and snacks. The "wrapper" that a peach or cherries come in (their skin) won't pollute the environment, and no energy was used to process them into something different than what they started as. Stock your snack shelf with any colorful, beautiful fruits, vegetables, or nuts that appeal to you instead of buying pre-packaged, processed snacks this week.

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## WHY DO WE DO THAT? Catholic Life Explained

## Question:

Why do Catholics give the sign of peace to one another at Mass?

## Answer:

The sign of peace is a part of the ass that takes place immediately after we offer the Lord's Prayer. Inspired by the Jesus' words to his first followers, we stand together in a spirit of communion to pray as Jesus taught us: "Our Father who art in heaven..."

In this prayer, we call for the coming of God's kingdom in all its fullness and ask that God provides for our needs — "Give us, this day, our daily bread" to forgive our sins and to bring us to the joy of heaven. It is almost natural, then, that the rite of peace would follow. As the celebrant prays that Christ's peace will fill our hearts, our communities, the Church, and the whole world, we extend to those around us a sign of peace (usually a hug or a handshake) as a symbol of the communion that we experience now and will experience forever in the fullness of the reign of God.

We are also reminded of Jesus' teachings that if we are at prayer and remember that a brother or sister is holding something against us, then we are to go and seek reconciliation with them before we continue our prayer (see Matthew 5:23). And so, the sign of peace also reminds us of the need to truly be in communion — united in love and peace — with God and one another before we approach the altar to receive the Eucharist.

So, the next time you're at Mass and the time comes for the sign of peace, remember that this is a moment to celebrate the gift of Christ's peace that each of us has received from God and to pass that peace along to those around us. We need this moment to practice, because this is also the same peace of Christ that we are instructed to carry out into the world at the end of Mass when the priest or deacon says to us, "Go, in peace, glorifying the Lord by your life."

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## NEXT WEEKEND (18 JUNE): 11<sup>th</sup> Sunday in Ordinary Time, Yr A

**1st Reading** Exodus 19:2-6 The Lord speaks to Moses on Mount Sinai.

**Responsorial Psalm** Psalm 99:2-3. 5. R. v.3 We are his people: the sheep of his flock.

**2nd Reading** Romans 5:6-11 We are justified by the blood of Christ.

## **Gospel Acclamation**

Mark 1:15 Alleluia, alleluia! The kingdom of God is near; Repent and believe the Good News. Alleluia!

Gospel

Matthew 9:36 - 10:8 The Twelve are sent on a mission.

CLEANERS:	Group 3
BANNERS:	White

#### **17 JUNE, 6PM**

Minister at the Altar Madeline Mostert Eucharistic Ministers Bernadette Stevens Fiona Ferreira Mary Fonseca Reader 1 Fe Uy

Reader 2 Marinella Licuanan **Commentator** 

**Janice Salmon** Music St Joseph Choir

**Powerpoint** Nanette I.

**Junior Servers** Volunteer Needed

Welcomers Selwyn Oliveira Sonia Oliveira Corinne Cerdor

**18 JUNE, 8AM** 

Minister at the Altar Gloria Slade **Eucharistic Ministers** Pat Dowd Celeste Lapid Elsa Roberto Reader 1

Sarah Damole Reader 2 Shirley Croning

**Commentator** Carol Vella

Music Peter Mercia **Powerpoint** 

Louise Bucholtz **Junior Servers** 

Volunteer Needed

Welcomers Sarah Damole Iun Damole Remia Morada

#### 18 JUNE, 9.30AM

Minister at the Altar Fred Harris

**Eucharistic Ministers** Michael Paulo Marie Sanosa Nida Hawley

> Reader 1 Carmen Marcelo

Reader 2 Nida Hawlev

**Commentator** Derrick Pereira

Music Laudate Choir

**Powerpoint** Ivan Fernandes

**Iunior Servers** Volunteer Needed

Welcomers Joe Duval Sue Oram Volunteer Needed

#### **18 JUNE, 6PM**

Minister at the Altar Peter Smith **Eucharistic Ministers** 

Lumen Decena **Robert Lees** Romana Cunanan

Reader 1 Sheila Francis

Reader 2 **Joseph Valladores** 

**Commentator Corinne Brooker** 

Music **Esther Rose Choir** 

**Powerpoint** Volunteer Needed

**Junior Servers** Volunteer Needed

Welcomers Volunteer Needed Volunteer Needed Volunteer Needed

## **OBSERVANCES FOR THE WEEK OF 11 JUNE**

Tue 13 June: Fri 16 June: Sat 17 June:

**Mon 12 June:** Monday Of The Tenth Week In Ordinary Time Year 1 Saint Anthony Of Padua, Priest And Doctor Of The Church Wed 14 June: Wednesday Of The Tenth Week In Ordinary Time Year 1 **Thu 15 June:** Thursday Of The Tenth Week In Ordinary Time Year 1 The Most Sacred Heart Of Jesus Year A Immaculate Heart Of Mary

## Holy Spirit Parish St Clair • Erskine Park • Parts of Kemps Creek

	Under the Pastoral Care of the Augustinians since 1995 Diocese of Parramatta www.parra.catholic.org.au	
Facebook Parish Office	Holy Spirit Parish St Clair-Erskine Park • Holy Spirit Parish St Clair Family Ministry • BASICGIFT (Youth Ministry) 5 Todd Row (PO Box 103) St Clair NSW 2759	
	P 02 9670 8222 E admin@holyspiritstclair.com.au W www.holyspiritstclair.com.au	
Office Hours	9.00am to 5pm (Monday to Friday) Emergency after hours only <b>M</b> 0403 390 269	
Priory	3 Peter Pan Glen, St Clair	
Parish Staff	<ul> <li>h Staff</li> <li>Parish Moderator: Fr Jepser Bermudez, OSA</li> <li>P 02 9670 8222</li> <li>E pp@holyspiritstclair.com.au</li> <li>Asst Pastor: Fr Dave Austin, OSA</li> <li>P 02 9670 8222</li> <li>E daustin@holyspiritstclair.com.au</li> <li>Asst Pastor: Fr Peter Tangey, OSA</li> <li>P 02 9670 8222</li> <li>E ptangey@holyspiritstclair.com.au</li> </ul>	
	Augustinian Brother: Rev. Hoang Huy Nguyen P 02 9670 8222 E ix.hoanghuy@holyspiritstclair.com.au	
	Parish Secretary: Elisa Reynolds P 02 9670 8222 E admin@holyspiritstclair.com.au (Tue-Fri)	
	Parish Bookkeeper: Mila Llamas P 02 9670 8222 E accounts@holyspiritstclair.com.au (Mon and Wed)	
	SRE Coordinator (Catechists): Peter Moriarty P 02 9670 8222 E sre@holyspiritstclair.com.au	
	Sacramental Coordinator: Germaine Gil M 0451 279 934 E sacraments@holyspiritstclair.com.au	
	Safeguarding Parish Support Officer: Elsa Roberto P 02 9670 8222 E safeguarding@holyspiritstclair.com.au	
	Parish Youth Contact: Eleanor Stuart M 0431 639 895 E eleanor.stuart97@gmail.com	
Parish Council	Chair: Ana Gregoriou • Asst Chair: Dominic Dimech • Secretary: Paola Dicenso	
	Members: Dominic Dimech, Jamie Dowsett, Gus Morgan, Michael Paulo, Vince Cachia, Carol Vella, Andrea Bouche,	
	Seaview Kama, Benjie Santiago, Eleanor Stuart (BASIC GIFT Youth Representative)	
	Fr Jepser Bermudez OSA, Fr Dave Austin OSA, Fr Peter Tangey OSA, Rev Hoang Huy Nguyen OSA	
Schools/College	Holy Spirit Primary School (7 Todd Row St Clair P 02 8886 3200 W www.hsstclair.catholic.edu.au	
	Trinity Primary School (61 Bakers Ln, Kemps Creek) P 02 8856 6200 W trinitykempscreek.catholic.edu.au	
	Emmaus Catholic College (87 Bakers Ln, Kemps Creek) P 02 9670 8300 W emmauskempscreek.catholic.edu.au	

## 11 JUNE 2023



If you encounter any issues signing up, please email Mila, accounts@holyspiritstclair.com.au. Thank you so much for your support of our parish!



Worshipping communities of St Clair, Erskine Park and parts of Kemps Creek

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