

WORSHIP @ HOME

The Most Holy Body and Blood of Christ • 14 June 2020

HOLY SPIRIT PARISH



THE MOST HOLY BODY AND BLOOD OF CHRIST

“Whoever eats my
flesh and drinks my
blood remains in me
and I in him.”
- Jn 6:56

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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Preparation

There are a few things you need to do to get ready before you begin.

- We recommend glancing through the whole service before you start. **Adapt the service for your family**, especially so it will be age-appropriate.
- You could make the setting special by using a white table cloth and setting some candles out. Get the whole family involved in the preparations.
- **Place your family Bible on the table**, if you have one, opened up to the Gospel of the day (John 6:51-58)
- **The script has leader and various reader parts.** Anyone old enough to read well can perform these roles.
- **An iPad/tablet computer** or large phone could work well for reading the script. **It would be helpful to have two devices** for multiple people to read. To access the slideshow and hymns, visit: <https://worship.pastoral.center/day/2020-06-14>
- **Don't worry**, you don't have to do this perfectly. Have some fun with it. Let's pray!

JUST BEFORE YOU BEGIN

- **Silence and set aside all phones** or other devices that may interrupt you.

INTRODUCTORY RITES

OPENING SONG (OPTIONAL)

Start playing the video for this opening song, and then scroll down to sing along with the lyrics.

GREETING

Leader: † In the name of the Father, and of the Son,
and of the Holy Spirit.

All: Amen.

Leader: Grace and peace to you from God our Father
and from the Lord Jesus Christ.
Blessed be God forever.
The response is: Blessed be God forever.

All: Blessed be God forever.

Leader: We gather together as a family
to remember how Jesus gathered us around one table.
One with all of our sisters and brothers throughout the world,
let us now listen to God's Word and join in prayer.

LITANY IN PRAISE OF GOD'S MERCY

Together, we acknowledge how grateful we are for the mercy of God.

Leader: As we prepare to hear about God's love for us,
let us remember that God sent his Son not to judge us, but to save us,
for God is full of gentleness and compassion.

Lord Jesus, you take away our fear in times of trouble:
Lord, have mercy.

All: Lord, have mercy.

Leader: Lord Jesus, you heal the wounds after we hurt each other:
Christ, have mercy.

All: Christ, have mercy.

Leader: Lord Jesus, you remind us that every person is a child of God:
Lord, have mercy.

All: Lord, have mercy.

OPENING PRAYER

Leader: Let us pray.

Pause for a short time for everyone to pray in silence. Then pray the following out loud, carefully and with meaning.

Leader: God of justice,
you have created people in many beautiful colours
and given us all a dignity that can never be taken away.
May we all do our part to respect that dignity,
that we may always seek out for others
the justice we seek for ourselves.
We ask this through Christ our Lord.

All: Amen.

LITURGY OF THE WORD

FIRST READING

Reader 1: Today's reading tells us about what happened to the people of Israel after they escaped from slavery in Egypt.

A reading from the book of Deuteronomy.

This text is based on the translation used in the Lectionary for Masses with Children and is easier for young people to understand.

Reader 1: *Moses said:*
Don't forget how the Lord your God has led you through the desert for the past forty years.
He wanted to find out if you were truly willing to obey him and depend on him, so he made you go hungry.
Then he gave you manna, a kind of food that you and your ancestors had never even heard about.
The Lord was teaching you that people need more than food to live—they need every word that the Lord has spoken.

Don't forget that you were once slaves in Egypt and that it was the Lord who set you free.
Remember how he led you in that huge and frightening desert where poisonous snakes and scorpions live.
There was no water, but the Lord split open a rock, and water poured out so you could drink.
He also gave you manna, a kind of food your ancestors had never even heard about.

Deuteronomy 8:2-3, 14B-16A. Common English Version. This is the translation used in Children's Liturgy of the Word or in Masses with Children. Copyright © 1995 by [American Bible Society](#)

Reader 1: The Word of the Lord.

All: Thanks be to God.

Pause for a few moments before continuing.

ALLELUIA

Play the video. Listen to the refrain the first time, then sing together when it repeats.

https://www.youtube.com/watch?v=6aTe0M_n_cE&feature=emb_logo

GOSPEL

Lead your family in this action prayer, making the Sign of the Cross over your forehead, lips, and heart at each step.

Reader 1: In today's reading we hear Jesus talking about giving us his Body and Blood, the Eucharist, to us.

We now do this action prayer together:
May the Lord be on my mind, †
on my lips, †
and in my heart †
as we hear the Gospel today.

A reading from the holy Gospel of John.

This text is based on the translation used in the Lectionary for Masses with Children and is easier for young people to understand.

Reader 2: Jesus said to the people:
"I am that bread from heaven! Everyone who eats it will live forever.
My flesh is the life-giving bread that I give to the people of this world."

They started arguing with each other and asked,
"How can he give us his flesh to eat?"

Jesus answered:

I tell you for certain that you won't live unless you eat the flesh and drink the blood of the Son of Man.
But if you do eat my flesh and drink my blood, you will have eternal life, and I will raise you to life on the last day.
My flesh is the true food, and my blood is the true drink.
If you eat my flesh and drink my blood, you are one with me, and I am one with you.

The living Father sent me, and I have life because of him.
Now everyone who eats my flesh will live because of me.
The bread that comes down from heaven isn't like what your ancestors ate.
They died, but whoever eats this bread will live forever.

John 6:51-58. From the Contemporary English Version, copyright © American Bible Society, 1991, 1995.

Reader 2: The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

REFLECTION ON THE READINGS

Take some time to talk together about what the readings mean to each of you. You can do this however you would like, but here are some thoughts and questions that can get you started.

- The first reading reminds us that people of faith have always had to experience hard times at some point during their lives. Even when the Israelites escaped slavery in Egypt their lives were hard when they were in the desert. But God still cared for them and gave them what they needed to make it through. During this difficult time of COVID-19 and the racial divisions in America, how is God caring for you and getting you through it?
- What are your thoughts when you hear this Gospel reading today? What do you think Jesus is trying to say?
- Today is the church feast of The Body and Blood of Christ. At a time when most of us still can't attend Mass together or receive the Eucharist, we are called to remember that even in our own homes and neighborhoods, we are still called to be the Body of Christ to each other. How can you be Christ for someone else this coming week?

GENERAL INTERCESSIONS

Leader: Now let's pray together to God for what we need.

Reader 2: For everyone in our family, or communities, and the whole world who is sick with the coronavirus or anything else, that they may feel the Holy Spirit inside of them and know that Jesus hasn't left them alone,
let us pray to the Lord.

All: Lord, hear our prayer.

Reader 2: We pray for all those who suffer in our country because of injustice and judgment because of their skin color, their religion, or any other form of discrimination. May we all work for justice because every single person is a child of God.
Let us pray to the Lord.

All: Lord, hear our prayer.

Reader 2: We pray that our country may find peaceful ways to stand up for what is right, and we pray for the safety and protection of all.
Let us pray to the Lord.

All: Lord, hear our prayer.

Reader 2: For what else and for who else shall we pray?

Allow time for anyone else to speak prayers aloud.

LORD'S PRAYER

Leader: Jesus taught us to call God our Father, and so we have the courage to say:

All: Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done,
on earth as it is in heaven.

Give us this day our daily bread;
And forgive us our trespasses,
as we forgive those who trespass against us;
And lead us not into temptation,
but deliver us from evil.

SIGN OF PEACE

Leader: Let us now offer each another a sign of peace.

Share some hugs!

A LITANY FOR SPIRITUAL COMMUNION

Leader: The response is: Lord, bring us closer to you!

All: Lord, bring us closer to you!

Leader: Lord our God,
we wish we could gather today with our parish community,
but we gather here out of love and concern for others.
You teach us that when two or three are gathered in your name,
you are there.
Together, we pray:

All: Lord, bring us closer to you!

Leader: Christ Jesus, you are present in a special way
when bread and wine are turned into your Body and Blood.
Since we cannot receive you in this way today,
We ask that you enter our hearts
so that we may receive you spiritually.
Together, we pray:

All: Lord, bring us closer to you!

Leader: Lord our God,
watch over your family
and keep us safe in your care,
for all our hope is in you.

All: Lord, bring us closer to you!

Concluding Rite

BLESSING & DISMISSAL

Leader: Go in the peace of Christ.

All: Thanks be to God.

CLOSING SONG (OPTIONAL)

Start playing the video, and then scroll down to sing along with the lyrics.

After the Service

SHARE YOUR EXPERIENCE

Take a picture of your family in your worship area and share it on social media (tag it with **#HolySpiritStClairWorshipAtHome**).

PLEASE SUPPORT YOUR LOCAL PARISH

Your parish still has to pay the electric bill and your staff, even when public Masses are cancelled. If you haven't already, sign up for electronic payments or mail in a check today. Planned Giving Forms and online donation portal are available on the parish website: <https://holyspiritstclair.com.au/donations/>. Or you can send your donation to:

FIRST COLLECTION: For the Augustinian Clergy

Account Name: Augustinian Fathers
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SECOND COLLECITON: For the Parish

Account Name: Holy Spirit Parish St Clair
Bank: CBA
BSB: 067 950
Account Number: 000 005 78

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