

TRIDUUM NOVENA AND CHAPLET OF THE HOLY SPIRIT

28-30 May 2020

HOLY SPIRIT PARISH

TRIDUUM NOVENA TO THE HOLY SPIRIT

DAY ONE: CHRIST'S PROMISE TO SEND THE PARACLETE

Leader In the name of the Father and of the Son and of the Holy Spirit.

All Amen.

Leader Come Holy Spirit, inflame the hearts of all people with the fire of

your love. Send forth your spirit and all will be reborn.

All And you will renew the face of the earth.

Leader Holy Spirit, open our eyes, and calm our minds. Fill our

memories of the Father's love, of the Son's unceasing prayer, of

the world and of your own presence within us.

All Holy Spirit, give us faith.

Leader Holy Spirit, reveal to us the truth of the Father's unfailing

promise, purpose and plan; of the Son's victory and risen

presence; the truth about ourselves—sinful yet children beloved

of God.

All Holy Spirit, give us hope.

Leader Holy Spirit, give us peace; peace with God and peace with all

people. Kindle my desire for you. Strengthen our wills to live

and serve. Teach us and lead us where you will.

All Holy Spirit, give us love.

First Reading *John 14: 15-17, 26-2 7*

"If you love me you will keep my commandments. I shall ask the Father, and he will give you another Paraclete to be with you forever, the Spirit of truth whom the world can never accept since it neither sees nor knows him; but you know him, because he is with you, he is in you. ... The Paraclete, the Holy Spirit, whom the Father will send in my name, will teach you everything and remind you of all that I have said to you. Peace I bequeath to you, my own peace I give you, a peace which the world cannot give, this is my gift to you. Do not let your hearts be troubled or afraid."

Response

Leader Come, Holy Spirit, and from heaven direct on us the rays of your

light. Come, Father of the poor; come, giver of Gods gifts; Come,

light of the hearts of all.

All Kindly Paraclete, in your gracious visits to our souls you bring

relief and consolation.

Leader If we are weary with toil, you bring us ease; in the heat of

temptation, your grace refreshes us; if sorrowful, your words

console us.

All Light most blessed, shine on the hearts of your faithful—even

into their darkest corners; for without your aid they can do

nothing good, and everything is sinful.

Leader Wash clean the sinful soul, rain down your grace on the parched

soul and heal the injured soul. Soften the hard heart, cherish and $% \left(1\right) =\left(1\right) \left(1\right)$

warm the icecold heart, and give direction to the wayward.

All Give your seven holy gifts to your faithful, for their trust is in you.

Give them reward for their virtuous acts; give them a death that ensures salvation; give them unending bliss. Amen. Alleluia.

Second Reading *Vatican II, On the Missionary Activity of the Church, 4*

"... Christ sent the Holy Spirit from the Father to exercise inwardly his saving influence and promote the spread of the Church. Without doubt, the Holy Spirit was at work in the world before Christ was glorified. On the day of Pentecost, however, he came down on the disciples that he might remain with them forever

(cf. Jn. 14:16); the Church was openly displayed to the crowds and the spread of the Gospel among the nations, through preaching, was begun. On that day was foreshadowed the union of all peoples in the catholicity of the faith by means of the Church of the New Alliance, a Church which speaks every language, understands and embraces all tongues in charity, and thus overcomes the dispersion of Babel. The 'Acts of the Apostles' began with Pentecost, just as Christ was conceived in the Virgin Mary with the coming of the Holy Spirit and was moved to begin his ministry by the descent of the same Holy Spirit, who came upon him while he was praying.

Prayer for the Seven Gifts of the Holy Spirit

Christ Jesus, before ascending into heaven, you promised to send the Holy Spirit to your apostles and disciples. Grant that that same Spirit may perfect in our lives the work of your grace and love.

Grant us the **Spirit of Wisdom** that we may aspire to the things that last forever; the **Spirit of Understanding** to enlighten our minds with the light of your truth; the **Spirit of Counsel** that we may choose the surest way of doing your will, seeking first the Kingdom; the **Spirit of Fortitude** that we may bear our cross with you and, with courage, overcome the obstacles that interfere with our salvation; the **Spirit of Knowledge** that we may know you and know ourselves and grow in holiness; the **Spirit of Piety** that we may find peace and fulfillment in the service of God while serving others; the **Spirit of Fear** that we may be filled with a loving reverence toward you.

Teach us to be your faithful disciples and animate us in every way with your Spirit. Amen.

Final Prayer

Lord Jesus, the promise of your coming kept our Jewish forbearers full of hope through almost 2,000 years of painful waiting fulfillment. Your fulfillment of your promise to send the Holy Spirit to live within your followers has kept your persecuted Church alive and true to you for another 2,000 years. Open each of us to the Spirit's presence so that we will always be one with that Church in its fidelity to you and your truth, for you are our Lord forever and ever. Amen.

DAY TWO THE SPIRIT, THE SOUL OF CHRIST'S BODY, THE CHURCH

Leader In the name of the Father and of the Son and of the Holy Spirit.

All Amen.

Leader Come Holy Spirit, inflame the hearts of all people with the fire of

your love. Send forth your spirit and all will be reborn.

All And you will renew the face of the earth.

Leader Holy Spirit, open our eyes, and calm our minds. Fill our

memories of the Father's love, of the Son's unceasing prayer, of

the world and of your own presence within us.

All Holy Spirit, give us faith.

Leader Holy Spirit, reveal to us the truth of the Father's unfailing

promise, purpose and plan; of the Son's victory and risen

presence; the truth about ourselves—sinful yet children beloved

of God.

All Holy Spirit, give us hope.

Leader Holy Spirit, give us peace; peace with God and peace with all

people. Kindle my desire for you. Strengthen our wills to live

and serve. Teach us and lead us where you will.

All Holy Spirit, give us love.

First Reading 1 Corinthians 12: 12-14, 27

As with the human body which is a unity although it has many parts—all the parts of the body, though many, still making up one single body—so it is with Christ. We were baptized into one body in a single spirit, Jews as well as Greeks, slaves as well as free persons, and we were all given the same Spirit to drink.

And indeed the body consists not of one member but of many. ... Now Christ's body is yourselves, each of you with a part to play in the whole."

Response

Leader Come, children, hear me; I will teach you the fear of the Lord.

All Which of you desires life, and takes delight in prosperous days?

Leader Keep your tongue from evil and your lips from speaking guile;

All Turn from evil, and do good; seek peace, and follow after it.

Leader The Lord has eyes for the just, and ears for their cry.

All The Lord confronts the evildoer, to destroy remembrance of

them from the earth.

Leader When the just cry out, the Lord hears them, and from all their

distress he rescues them.

All The Lord is close to the brokenhearted; and those who are

crushed in the spirit he saves.

Leader Many are the troubles of the just man, but out of them all the

Lord delivers him;

All He watches over all his bones; not one of them shall be broken.

Leader Vice slays the wicked, and the enemies of the just pay for their

guilt.

All But the Lord redeems the lives of his servants; no one incurs

guilt who takes refuge in him. Glory to the Father...

Second Reading St. Augustine, Sermon 276, 4

None of you must say, 'I have received the Holy Spirit; why am I not speaking with the tongues of all nations?' If you want to have the Holy Spirit, consider this: our spirit, by which every person lives, is called the soul. And you can see

what the soul does in the body. It sees through the eyes, hears through the ears, smells through the nostrils, speaks with the tongue, works with the hands, walks with the feet. It is present simultaneously to all the body's parts, it gives life to all, their functions to each. The eye doesn't hear, the ear doesn't see, the tongue doesn't see, nor do ear and eye speak. But they are alive, all the same." "That is what the Church of God is like; in some of the saints it works miracles, in other saints it proclaims the truth, in other saints it preserves virginity, in other saints it preserves married chastity; in some this, in others that. All contributing their unique gifts, but living the same life together. In fact, what the soul is to the human body, the Holy Spirit is to the body of Christ, which is the Church. The Holy Spirit does in the whole Church what the soul does in all the parts of one body

Prayer for the Seven Gifts of the Holy Spirit

Christ Jesus, before ascending into heaven, you promised to send the Holy Spirit to your apostles and disciples. Grant that that same Spirit may perfect in our lives the work of your grace and love.

Grant us the **Spirit of Wisdom** that we may aspire to the things that last forever; the **Spirit of Understanding** to enlighten our minds with the light of your truth; the **Spirit of Counsel** that we may choose the surest way of doing your will, seeking first the Kingdom; the **Spirit of Fortitude** that we may bear our cross with you and, with courage, overcome the obstacles that interfere with our salvation; the **Spirit of Knowledge** that we may know you and know ourselves and grow in holiness; the **Spirit of Piety** that we may find peace and fulfillment in the service of God while serving others; the **Spirit of Fear** that we may be filled with a loving reverence toward you.

Teach us to be your faithful disciples and animate us in every way with your Spirit. Amen.

Final Prayer

Father, through your Son you invite all men and women to become members of your family, brothers and sisters of Jesus, who, together with him, call you Abba, Father. We have accepted that invitation by our baptism. As the fruit of that sacrament may we allow the Spirit dwelling within us to draw us into that oneness of faith, trust and love with Christ to whom our destiny calls us. We ask this through Christ our Lord. Amen.

DAY THREE GIFTED TO SERVE AND BUILD OTHERS UP

Leader In the name of the Father and of the Son and of the Holy Spirit.

All Amen.

Leader Come Holy Spirit, inflame the hearts of all people with the fire of

your love. Send forth your spirit and all will be reborn.

All And you will renew the face of the earth.

Leader Holy Spirit, open our eyes, and calm our minds. Fill our

memories of the Father's love, of the Son's unceasing prayer, of

the world and of your own presence within us.

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promise, purpose and plan; of the Son's victory and risen

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All Holy Spirit, give us hope.

Leader Holy Spirit, give us peace; peace with God and peace with all

people. Kindle my desire for you. Strengthen our wills to live

and serve. Teach us and lead us where you will.

All Holy Spirit, give us love.

First Reading 1 Corinthians 12: 4-11, 31

There are many different gifts, but it is always the same Spirit; there are many different ways of serving, but it is always the same Lord. There are many different forms of activity, but in everybody it is the same God who is at work in them all. The particular manifestation of the Spirit granted to each one is to be

used for the general good. ... Set your mind on the higher gifts. And now I am going to put before you the best way of all. ... As it is, these remain: faith, hope and love, the three of them; and the greatest of them is love.

Response

Leader Your Spirit, Lord, is truth

All Your Spirit, Lord, is truth: May it make us free. Come to us, Spirit

of the Lord!

Leader Your Spirit, Lord, is fire: May it enkindle us with love. Come to us,

Spirit of the Lord!

All Your Spirit, Lord, is gentleness: May it renew the depths of our

hearts. come to us, Spirit of the Lord!

Leader Your Spirit, Lord, is prayer: May it open our hearts to give praise.

Come to us, Spirit of the Lord!

All Your Spirit, Lord, fills the whole universe: May it live among us

forever. Come to us, Spirit of the Lord!

Leader Your Spirit, Lord, is life: May it raise us up on the last day.

All Come to us, Spirit of the Lord!

Second Reading St. Cyril of Jerusalem, Bishop

"The water that I shall give him will become in him a fountain of living water welling up into eternal life."

This is a new kind of water, a living, leaping water, welling up for those who are worthy. But why did Christ call the grace of the Spirit water? Because all things are dependent on water; plants and animals have their origin in water. Water comes down from heaven as rain, and although it is the same in itself, it produces many different effects, one in the palm tree, another in the vine, and so on throughout creation. It does not come down, now as one thing, now as another, but while remaining essentially the same, it adapts itself to the needs of every creature that receives it. ..."

"...the Spirit makes one person a teacher of divine truth, inspires another to prophesy, gives another the power of casting out devils, enables another to interpret Holy Scripture. The Spirit strengthens one person's self-control, shows another how to help the poor, teaches another to fast and lead a life of self-discipline... His action is different in different people, but the Spirit Himself is always the same."

Prayer for the Seven Gifts of the Holy Spirit

Christ Jesus, before ascending into heaven, you promised to send the Holy Spirit to your apostles and disciples. Grant that that same Spirit may perfect in our lives the work of your grace and love.

Grant us the **Spirit of Wisdom** that we may aspire to the things that last forever; the **Spirit of Understanding** to enlighten our minds with the light of your truth; the **Spirit of Counsel** that we may choose the surest way of doing your will, seeking first the Kingdom; the **Spirit of Fortitude** that we may bear our cross with you and, with courage, overcome the obstacles that interfere with our salvation; the **Spirit of Knowledge** that we may know you and know ourselves and grow in holiness; the **Spirit of Piety** that we may find peace and fulfillment in the service of God while serving others; the **Spirit of Fear** that we may be filled with a loving reverence toward you.

Teach us to be your faithful disciples and animate us in every way with your Spirit. Amen.

Final Prayer

Father, with a wisdom and love beyond our comprehension you invite each of us through your Holy Spirit to participate in the work of bringing your creation to its final destiny. Grant us the grace to set aside some time to become aware of the Spirit's quiet voice guiding our daily choices and giving us the courage to carry out your loving will as it is revealed to us. We ask this through Christ our Lord. Amen.

THE CHAPLET OF THE HOLY SPIRIT

This Chaplet was composed in 1892 by a Franciscan Capuchin missionary of the English Province in order to give the faithful an easy means of honouring the Holy Spirit. It was approved by Pope Leo XIII in 1902.

HOW TO PRAY THE CHAPLET OF THE HOLY GHOST

The Chaplet of the Holy Spirit has 50 beads. It begins with 3 small beads, followed by 5 sets of 7 beads, each separated by 2 large beads.

On the three large beads, the faithful

make the "Sign of the Cross,"

says an "Act of Contrition..." and

recites the hymn to the Holy Spirit.

On each set of 7 small beads is prayed 7 "Glory be to the Father..."

Then, on the 2 large beads is said 1 "Our Father"

and 1 "Hail Mary."



During the praying of each set of 7 beads, the faithful is asked to meditate on one of the 5 mysteries (below), therefore commemorating the Five Wounds of Jesus which are the fountains of grace which the Holy Spirit imparts to all.

THE FIRST MYSTERY: The Holy Spirit at the Incarnation

THE MEDITATION: "The Holy Spirit shall come upon you, and the Power of the

Most High shall overshadow you; and therefore also the Holy which shall be born of you shall be called the Son of God." (Lk. 1:35)

THE PRACTICE: Diligently implore the aid of the Divine Spirit, and Mary's intercession, to imitate the virtues of Jesus Christ, Who is the Model of virtues, so that you may be made comformable to the image of the Son of God.

THE SECOND MYSTERY: The Holy Spirit at the Baptism of Our Lord

THE MEDITATION: "Jesus, being baptized, forthwith came out of the water: and lo! the heavens were opened to Him, and he saw the Spirit of God descending as a dove, and coming upon Him." (Mt. 3:16)

THE PRACTICE: Hold in the highest esteem the priceless gift of sanctifying grace, infused into your soul by the Holy Spirit in Baptism. Keep the promises to which you then pledged yourself. Increase, by constant practice, Faith, Hope, and Charity. Ever live as becometh children of God and members of God's true Church, so as to obtain, hereafter, the inheritance of heaven.

THE THIRD MYSTERY: The Holy Spirit led Jesus into the desert

THE MEDITATION: "Jesus, being full of the Holy Spirit, returned from the Jordan, and was led by the Spirit into the desert for the space of forty days; and was tempted by the devil." (Lk. 4:1-2)

THE PRACTICE: Be ever grateful for the sevenfold gift of the Holy Spirit bestowed upon you in Confirmation, for the spirit of wisdom and understanding, of counsel and fortitude, of knowledge and piety, and of the fear of the Lord. Faithfully yield to His Divine guidance, so that, in all the trials and temptations of life, you may act manfully, as becometh a perfect Christian and valiant soldier of Jesus Christ.

THE FOURTH MYSTERY: The Holy Spirit in the Church

THE MEDITATION: "Suddenly there came a sound from heaven as of a mighty wind coming, and it filled the whole house where they were sitting... and they were all filled with the Holy Spirit, and began to speak... the wonderful works of God." (Acts, 2:2, 4, 11)

THE PRACTICE: Thank God for having made you a child of His Church which is ever animated and directed by the Divine Spirit, sent into this world for that purpose of the day of Pentecost. Hear and obey the Holy See, the infallible mouthpiece of the Holy Spirit, and the Church, the pillar and ground of truth. Uphold her doctrines, seek her interests, defend her rights.

THE FIFTH MYSTERY: The Holy Spirit in the soul of the just man and just woman

THE MEDITATION: "Know you not that you members are the temple of the Holy Spirit, Who is in you?" (1 Cor. 6:19) "Extinguish not the Spirit." (1 Thes. 5:19) "And grieve not the Holy Spirit of God whereby you are sealed unto the day of redemption." (Eph. 4:30)

THE PRACTICE: Be ever mindful of the Holy Spirit Who is within you, and carefully cultivate purity of soul and body. Faithfully obey His Divine Inspirations so that you may bring forth the Fruits of the Spirit - Charity, Joy, Peace, Patience, Dignity, Goodness, Long-suffering, Mildness, Faith, Modesty, Continency, Chastity.

Conclude with the "I believe..." as a profession of faith.

Say finally once "Our Father...",

"Hail Mary...", and

"Glory be to the Father...,"

for the intentions of the Holy Father.

ACT OF CONTRITION

Father of mercy, like the prodigal son I return to you and say: "I have sinned against you and am no longer worthy to be called your child."

Christ Jesus, Savior of the world, I pray with the repentant thief to whom you promised Paradise: "Lord, remember me in your kingdom."

Holy Spirit, fountain of love, I call on you with trust: "Purify my heart, and help me to walk as a child of light."

APOSTLES CREED

I believe in God, the Father Almighty, Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead;

He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

BREATHE ON ME, BREATH OF GOD

Words: Edwin Hatch (1835-1889), alt. Music: Robert Jackson (1842-1914) https://www.youtube.com/watch?v=6ph-t8P2r_I

Breathe on me breath of God fill me with life anew that I may love whate'er you love and do what you would do.

Breathe on me breath of God until my heart is pure until with you I will one will to do and to endure.

Breathe on me breath of God So that your will is mine Until this earthly part of me Glows with your fire divine.

Breathe on me breath of God So shall I never die But live with you the perfect life Of your eternity.

HYMN TO THE HOLY SPIRIT

Text: St Augustine.

Music: Fr Nicholas Echeveria, OSA.

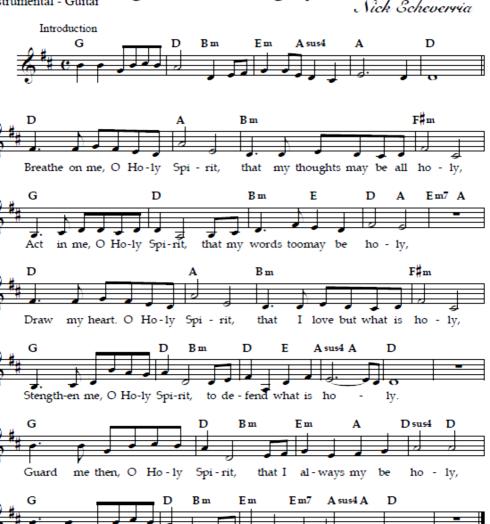
https://www.youtube.com/watch?
y=ewHpybOEQyw

Breathe on me, O Holy Spirit, that my thoughts may all be holy, Act in me, O Holy Spirit, that my words too may be holy, Draw my heart O Holy Spirit, that I love but what is holy, Strengthen me, O Holy Spirit, to defend what is holy. Guard me then, O Holy Spirit, that I always may be holy, Guard me then, O Holy Spirit, that I always may be holy.

Hymn to the Holy Spirit

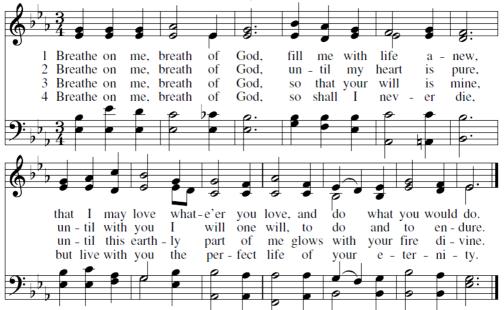
Instrumental - Guitar

Nick Echeverria



Guard me then, O Ho-ly Spi-rit, that I al-ways may be ho

Breathe on Me, Breath of God



WORDS: Edwin Hatch (1835-1889), alt. MUSIC: Robert Jackson (1842-1914) TRENTHAM S.M.

